Supportive Services

The Campus Advocate is available to support those affected by genderbased violence, including dating/domestic violence, sexual assault, human trafficking, and stalking. These services are available to students, staff, and faculty. All services are tailored to the survivors' needs.

Get In Touch

Office Location

Kolligian Library, Suite 107 Main Entrance Facing COB2 Courtyard





Office Email ucmcare@ucmerced.edu

Office Number 209-228-4147

CARE Staff

Confidential **Campus Advocate** Office Hours: Mon-Fri, 9am-5pm Call/Text: 209-386-2051

Community Resource

Valley Crisis Center 24-Hour Hotline 209-722-4357

CARE Director Valara Villanueva vvillanueva2@ucmerced.edu 209-355-0763

Assistant Director for Prevention

and Education Denise López deniselopez2@ucmerced.edu 209-233-1746



UC MERCED CARE OFFICE

National Resources

National Domestic Violence Hotline Hotline: 1-800-799-7233 Website: thehotline.org

Polaris Project-Human Trafficking Hotline Hotline: 1-888-373-7888 Website: polarisproject.org

Rape, Abuse, & Incest National Network National Sexual Assault Hotline Hotline: 1-800-656-4673 Website: RAINN.org

Follow Us on Social Media!





@ucmcare

@UC Merced CARE



@UC Merced CARE Office



CARE

Campus Advocacy **Resources** & **Education**

About Us

Vision

We envision a UC Merced community to eliminate all forms of oppression and gender-based violence - sexual assault, domestic abuse, stalking, and human trafficking - fostering a campus where a campus where all members are respected, valued, and safe.

Mission

The Campus Advocacy, Resources, and Education (CARE) office collaborate with UC Merced partners to develop and support understanding of gender-based violence through prevention education and trauma-informed care advocacy using an intersectional framework. CARE promotes empathy, diversity, equity, and inclusion through its programs to staff, faculty and students.

We Educate. We Advocate.

We Empower.

The 3 D's Bystander Intervention Tools

Direct

Talking to the people involved about what is going on. It can be talking to the person you think is doing the hurting and them to stop or checking in with the person you think is being harmed and seeing if they are okay.

Distract

This is safely diffusing the situation by taking away attention from the situation and indirectly stopping the abuse.

Delegate

This is when you get someone involved to help you intervene. It could be a friend or an authority figure.

Be an Agent of Change!

- Intervene when something doesn't seem right
- Attend educational programs & trainings to learn more
- Challenge victim-blaming statements & jokes
- Hold perpetrators accountable
- Model healthy relationships

How to Help a Friend

- $01 \begin{array}{c} \text{Believe them \& listen} \\ \text{patiently} \end{array}$
- 02 Support your friend by referring them to campus & community resources

03 Protect their privacy

04 Remind them it is not their fault

• Don't be a Bystander, Be an Upstander! Step in & Speak out! - By telling someone that their jokes about violence make you uncomfortable, you may be the first in a long line of interveners who will eventually play a part in helping to make a change.

How Can we Change the Culture on our Campus?