

# UC MERCED CARE OFFICE

### **ABOUT US**

#### WE EDUCATE.

Campus Advocacy, Resources, and Education (CARE) provides prevention education for the UC Merced community to achieve an environment free from the threat of sexual violence. dating/domestic, human trafficking, violence and stalking

#### WE ADVOCATE.

We provide free, confidential, and knowledgeable support for those impacted by sexual violence. dating/domestic violence and stalking

#### WE EMPOWER.

We encourage the UC Merced community to step in and speak up against a culture that allows sexual violence. dating/domestic violence and stalking to occur.

# PREVENTION: WAYS YOU CAN HELP

- Intervene when something does not seem right
- Attended educational programs & trainings to learn more
- Challenge victim-blaming statements & jokes
- Hold perpetrators accountable
- Model healthy relationships

# VIOLENCE, INTERVENTION, & PREVENTION (VIP) TRAINING

UC Merced requires that all incoming undergraduate students (freshmen and transfer students) to complete an in person mandatory sexual violence intervention and prevention (VIP) training within the first six weeks of class.

#### THE 3 D'S

Bystander Intervention Tools Click on each D to see an example!

# **DIRECT**

Talking to the people involved about what is going on. It can be talking to the person you think is doing the hurting and them to stop or checking in with the person you think is being harmed and seeing if they are okay.

# **DISTRACT**

This is safely diffusing the situation by taking away attention from the situation and indirectly stopping the abuse.

# **DELEGATE**

This is when you get someone else involved to help you intervene. It could be a friend or an authority figure.



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#### **ADVOCACY SERVICES**

The Campus Advocate is available to provide support for those affected by sexual violence. dating/domestic violence and stalking.

These services are available to students, staff, and faculty.

All services are tailored to the survivors needs.

The CARE office welcomes individuals of all gender identities, sexual orientation, races, classes, and abilities.

#### **COMMUNITY RESOURCE**

Valley Crisis Center 24 hour Hotline: 209-722-4357

#### **CARE LOCATION**

Kolligian Library, Suite 107

Main entrance located on the classroom and office building 2

(COB 2) courtyard

## FOLLOW US ON SOCIAL MEDIA



Instagram:

@ucmcare



Tik Tok:

@ucmcare



Twitter:

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Facebook:

**@UC Merced CARE** 



#### **CONTACT**

# **CARE Campus Advocate:**

OFFICE HOURS: Monday-Friday 9 a.m to 5 p.m

Lynna Cano

CALL OR TEXT:

209-386-2051

#### **CARE Director:**

Yesenia Curiel
ycuriel2@ucmerced.edu
209-233-1746

#### **Prevention Education Coordinator:**

Valara Villanueva 209-355-0763

General Email: ucmcare@ucmerced.edu

## **NATIONAL RESOURCES**

NATIONAL DOMESTIC VIOLENCE HOTLINE

Free Hotline: 1-8000-7997233 Website: http://thehotline.org

#### **RAINN**

Rape, Abuse, & Incest National Network.

National Sexual Assault Hotline (Free):

800-656-4673

Website: http://www.RAINN.org