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## Supportive Services

The Campus Advocate is available to support those affected by gender-based violence, including relationship violence, sexual assault, human trafficking, and stalking. These services are available to students, staff, and faculty. All services are tailored to the survivors' needs.

### Contact our Campus Advocates

To book an appointment with a confidential advocate, scan the QR code or call/text 209-386-2051



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## Community Resource

**Valley Crisis Center**  
**24-Hour Hotline**  
209-722-4357

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## Get In Touch



**Office Location**  
Kolligian Library, Suite 107



**Office Website**  
care.ucmerced.edu



**Office Email**  
ucmcare@ucmerced.edu



**Office Number**  
209-228-4147

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## CARE Staff



**CARE Director**  
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**Assistant Director for  
Prevention and Education**  
Denise López (she/her/ella)  
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## National Resources

**National Domestic Violence Hotline**  
Hotline: 1-800-799-7233  
Website: thehotline.org

**Polaris Project-Human Trafficking Hotline**  
Hotline: 1-888-373-7888  
Website: polarisproject.org

**Rape, Abuse, & Incest National Network**  
National Sexual Assault Hotline  
Hotline: 1-800-656-4673  
Website: RAINN.org

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## Follow Us on Social Media!



# UC MERCED CARE OFFICE



# CARE

Campus  
Advocacy  
Resources &  
Education

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## About Us

### Vision

We envision a UC Merced community to eliminate all forms of oppression and gender-based violence - sexual assault, domestic abuse, stalking, and human trafficking - fostering a campus where a campus where all members are respected, valued, and safe.

### Mission

The Campus Advocacy, Resources, and Education (CARE) office collaborate with UC Merced partners to develop and support understanding of gender-based violence through prevention education and trauma-informed care advocacy using an intersectional framework.

We Educate.

We Advocate.

We Empower.

## The 3 D's Bystander Intervention Tools

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### Direct

Talking to the people involved about what is going on. It can be talking to the person you think is doing the hurting and them to stop or checking in with the person you think is being harmed and seeing if they are okay.

### Distract

This is safely diffusing the situation by taking away attention from the situation and indirectly stopping the abuse.

### Delegate

This is when you get someone involved to help you intervene. It could be a friend or an authority figure.

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## How to Help a Friend

- 01 Believe them & listen patiently
- 02 Support your friend by referring them to campus & community resources
- 03 Protect their privacy
- 04 Remind them it is not their fault

## Be an Agent of Change!

- Intervene when something doesn't seem right
- Attend educational programs & trainings to learn more
- Challenge victim-blaming statements & jokes
- Hold perpetrators accountable
- Model healthy relationships

- **Don't be a Bystander, Be an Upstander! Step in & Speak out!** - By telling someone that their jokes about violence make you uncomfortable, you may be the first in a long line of interveners who will eventually play a part in helping to make a change.

## How Can we Change the Culture on our Campus?